



2027 NCAP 10&Under Cupid Shuffle

February 28, 2027

Sanction # BLCK-PV-NCAP-7



MEET DIRECTOR		MEET REFEREE	CLUB OFFICIALS CHAIR
Karyn McCannon kmccannon@nationscapitalswimming.com 716-868-6611		Elizabeth Scott lizofficials@gmail.com <u>OFFICIALS SIGN UP</u>	Karyn McCannon kmccannon@nationscapitalswimming.com
SANCTION	- Held under the sanction of USA Swimming BLCK-PV-NCAP- - In granting this sanction it is understood and agreed that USA Swimming, Nation's Capital Swimming, and Warrenton Aquatic and Recreation Facility shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.		
FACILITY	Warrenton Aquatic and Recreation Facility 800 Waterloo Rd Warrenton, VA 20186 (504) 349-2520 - The pool at Warrenton Aquatic & Recreation Facility is 25yd x 25m with 11, 25 yard lanes. Competition will be held in 8 lanes, 25yd. 10 lanes will be used for warm-ups. - Water depth range of 4.5' (lane 1) – 11.8' (lane 8) at the start and turn ends. - The meet hosts will ensure the required course dimensions.		
ENTRY DEADLINE	Monday February 22, 2027 at 12:00pm IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.		
SCHEDULE	Sunday February 28, 2027 Girls: Warm up 7:10-7:55am, 8:00am start Boys: Warm up: 11:10-11:55pm, 12:00pm start Meet Director reserves the right to adjust times/sessions after entries are received.		
ELIGIBILITY	- Open to all registered Potomac Valley Swimmers 10 years and under- EXCEPT those that have obtained 2 or more PVS 14&Under Championship qualifying times. - No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i>, Article 302.		
SWIMMERS WITH AN ACCOMODATION	- PVS and host clubs, along with Meet Directors and Meet Referees, are committed to the Inclusion Policy as adopted by the BOD. The swimmer or the swimmer's coach is responsible for notifying the Referee, prior to competition, of any swimmer with a disability and of the requested accommodations and/or modifications. It is preferable that this notice be provided on the Accommodations/Modifications form NECESSARY ACCOMMODATIONS FORM		
TIMING SYSTEM	Semi-Automatic timing (buttons primary) will be used.		

RULES	• Current USA Swimming rules shall govern this meet. • All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. • No on-deck USA Swimming registration is permitted. • In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. • Deck changes are prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of a backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Dive-over starts will NOT be used. • The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.
EVENT RULES	• All events are timed finals. • Athletes may enter no more than Three (3) events. • Deck entries will be accepted to fill empty lanes only. No new heats will be created.
POSITIVE CHECK IN	• All events will be pre-seeded.
WARM-UP	• The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director will assign warm-ups, including times/lane assignments.
SUPERVISION	• Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.
MEDICAL ASSISTANCE	• This facility provides Lifeguard and Pool Operator Supervision, along with an AED.
SEEDING	• All events are pre-seeded.
SCORING	• This meet is not scored.
AWARDS	• For individual events, ribbons will be awarded for 1st to 8th place. ○ For 50 yd. events, ribbons will be awarded to the following age groups: 9&10-year-olds, 8-year-olds, and 7 and under. ○ For 25 yd. events, ribbons will be awarded to 8-year-olds, 7-year-olds and 6 and under. Ribbons will be awarded for each session separately. • For the 100 yard Stroke events, ribbons will be awarded to 9 & 10 year olds, and 8&Under. • No awards for Relays
PROGRAMS	• Will be emailed to attending teams/sites. No programs will be sold at the meet. Programs will be made available for coaches and officials at the meet, and available on Meet Mobile.
CREDENTIALS	• Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.
SPECTATOR ENTRY FEE	• No spectator entry fee. • SPECTATORS MAY BE LIMITED TO ONE (1) SPECTATOR PER ATHLETE.
OFFICIALS	• Each participating club is requested to provide at least one table worker or official (Referee Starter, Chief Judge or Stroke & Turn Judge) per session if entering 25 or more splashes. • Officials interested in volunteering should Complete the Official Sign up HERE • Officials volunteering for this meet should sign in at the recording table prior to the start of

	warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.
TIMERS	• VOLUNTEER ASSIGNMENTS WILL BE MADE BASED ON PROPORTION OF ENTRIES. The Signup Genius will be emailed to teams in advance.
PUBLICATION OF RESULTS	• By entering this meet, participants (and their parents or guardians, if applicable) acknowledge and consent to the posting of official meet results on the Potomac Valley Swimming (PVS) website. Athlete birthdates will not be included in any posted results. Meet results may be accessed by third-party organizations or applications that use publicly available swimming data for purposes such as rankings, recruitment, or goal tracking.
ENTRY PROCEDURES	• Entries should be submitted by email to the Meet Director. • Include in the subject of the email, "2027 NCAP Cupid Shuffle - *****" with the club's initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email. • Include in entry email: entry file, report of entries by name, report of entries by event. • In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). • Entries directly from individual team members will not be accepted. • Entries by phone or fax will not be accepted. • The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director. • Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine is paid. • Any club that knowingly enters an athlete with 2 or more qualifying times for the PVS 14&Under championship will be fined the sum of \$100 per athlete, and may be removed from invitations to further NCAP hosted meets.
ENTRY FEES	Per Swimmer Surcharge: \$5.00 Deck Entries: \$10/ IE Individual event fee: \$8.00 • Make checks payable to Nation's Capital Swimming. Checks may be mailed to: Nation's Capital Swimming Attn: Karyn McCannon 8101 Wolftrap Rd Vienna VA 22182 • Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment must be made by check. • Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.

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Girls Event	Event Description	Boys Event
1	10&Under 100 yd Free Relay	101
2	10&Under 100 yd Breaststroke	102
3	10&Under 50 yd Butterfly	103
4	8&Under 25 yd Butterfly	104
5	10&Under 50 yd Backstroke	105
6	8&Under 25 yd Backstroke	106
7	10&Under 50 yd Breaststroke	107
8	8&Under 25 yd Breaststroke	108
9	10&Under 50 yd Freestyle	109
10	8&Under 25 yd Freestyle	110
11	10&Under 100 yd Backstroke	111