

**PVS LCM Resident Records**

as of December 31, 2025

| <b>Age Group</b> | <b>Gender</b> | <b>Event</b>  | <b>First Name</b>  | <b>Last Name</b> | <b>Team Name</b>               | <b>Meet Name</b>                      | <b>Swim Time</b> | <b>Swim Date</b> |
|------------------|---------------|---------------|--|------------------|--------------------------------|---------------------------------------|------------------|------------------|
| 10 & Under       | F             | 50 FR LCM     | Lauren   | Stinnett         | Solotar Swim Club              | Unknown Record Meet 824               | 29.07            | 1/1/1991         |
| 10 & Under       | F             | 100 FR LCM    | Lauren   | Stinnett         | Solotar Swim Club              | Unknown                               | 1:04.41          | 1/1/1991         |
| 10 & Under       | F             | 200 FR LCM    | Bella  | Rongione         | The Fish                       | 2010 PV Eastern Zone LC Championships | 2:19.01          | 8/11/2010        |
| 10 & Under       | F             | 400 FR LCM    | Courtney   | Watts            | The Fish                       | 2016 MR Eastern Zone LC Championship  | 4:49.46          | 8/5/2016         |
| 10 & Under       | F             | 50 BK LCM     | Lauren   | Stinnett         | Solotar Swim Club              | Unknown                               | 32.60            | 1/1/1991         |
| 10 & Under       | F             | 100 BK LCM    | Lauren   | Stinnett         | Solotar Swim Club              | Unknown                               | 1:08.80          | 1/1/1991         |
| 10 & Under       | F             | 50 BR LCM     | Emma   | Lantry           | Rockville Montgomery Swim Club | 2017 VA Eastern Zone LC Champi        | 36.87            | 8/9/2017         |
| 10 & Under       | F             | 100 BR LCM    | Emma   | Lantry           | Rockville Montgomery Swim Club | 2017 VA Eastern Zone LC Champi        | 1:19.99          | 8/11/2017        |
| 10 & Under       | F             | 50 FL LCM     | Janet  | Hu               | Curl Burke Swim Club           | 2006 PV Fall LC Invite                | 31.67            | 11/4/2006        |
| 10 & Under       | F             | 100 FL LCM    | Janet  | Hu               | Curl Burke Swim Club           | 2006 PV LC Age Group Champs           | 1:10.53          | 7/20/2006        |
| 10 & Under       | F             | 200 IM LCM    | Courtney   | Watts            | The Fish                       | 2016 MR Eastern Zone LC Championship  | 2:38.41          | 8/6/2016         |
| 10 & Under       | F             | 200 FR-R LCM  | Lauren West<br>Sydney Allen<br>Nina Allen<br>Amy Lamb                        |                  | Rockville Montgomery Swim Club | 2015 PV LC 14&U Championships         | 2:03.30          | 7/19/2015        |
| 10 & Under       | F             | 200 MED-R LCM | Courtney Watts<br>Bridget O'Shaughnessy<br>Kathleen Modder<br>Victoria Valko |                  | The Fish                       | 2015 PV LC 14&U Championships         | 2:20.68          | 7/17/2015        |

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|------------------|---------------|---------------|-------------------|------------------|--------------------------------|--------------------------------------|------------------|------------------|
| 10 & Under       | M             | 50 FR LCM     | Johnny            | Bradshaw         | Unattached                     | 2014 PV LC 14&U Championships        | 29.16            | 7/10/2014        |
| 10 & Under       | M             | 100 FR LCM    | Johnny            | Bradshaw         | Unattached                     | 2014 VA Eastern Zone LC Champi       | 1:04.17          | 8/6/2014         |
| 10 & Under       | M             | 200 FR LCM    | Michael           | Mullen           | Nation's Capital Swim Club     | 2016 PV LC 14&U Championships        | 2:17.26          | 7/22/2016        |
| 10 & Under       | M             | 400 FR LCM    | Michael           | Mullen           | Nation's Capital Swim Club     | 2016 PV LC 14&U Championships        | 4:52.66          | 7/21/2016        |
| 10 & Under       | M             | 50 BK LCM     | Brett             | Feyerick         | Nation's Capital Swim Club     | 2013 Eastern Zone Long Course        | 32.93            | 8/7/2013         |
| 10 & Under       | M             | 100 BK LCM    | Colton            | Horner           | Machine Aquatics               | 2023 PV MACH LC Classic              | 1:12.75          | 4/30/2023        |
| 10 & Under       | M             | 50 BR LCM     | Charlie           | Greenwood        | Nation's Capital Swim Club     | 2017 VA Eastern Zone LC Champi       | 36.67            | 8/9/2017         |
| 10 & Under       | M             | 100 BR LCM    | Eric              | Sanidad          | Rockville Montgomery Swim Club | 2017 PV LC 14&U Championships        | 1:20.89          | 7/21/2017        |
| 10 & Under       | M             | 50 FL LCM     | Michael           | Mullen           | Nation's Capital Swim Club     | 2016 PV LC 14&U Championships        | 31.31            | 7/21/2016        |
| 10 & Under       | M             | 100 FL LCM    | Michael           | Mullen           | Nation's Capital Swim Club     | 2016 MR Eastern Zone LC Championship | 1:10.33          | 8/3/2016         |
| 10 & Under       | M             | 200 IM LCM    | Aaron             | Jia              | Dragon Swim Team               | 2018 PV LC 14&U Championships        | 2:35.37          | 7/19/2018        |
| 10 & Under       | M             | 200 FR-R LCM  | Adriano Arioti    |                  | Rockville Montgomery Swim Club | 2016 PV LC 14&U Championships        | 2:02.78          | 7/24/2016        |
|                  |               |               | Samir Elkassem    |                  |                                |                                      |                  |                  |
|                  |               |               | Ashton Sun        |                  |                                |                                      |                  |                  |
|                  |               |               | Nasim Elkassem    |                  |                                |                                      |                  |                  |
| 10 & Under       | M             | 200 MED-R LCM | Ashton Sun        |                  | Rockville Montgomery Swim Club | 2016 PV LC 14&U Championships        | 2:18.29          | 7/22/2016        |
|                  |               |               | Harrison Quach    |                  |                                |                                      |                  |                  |
|                  |               |               | Nasim Elkassem    |                  |                                |                                      |                  |                  |
|                  |               |               | Samir Elkassem    |                  |                                |                                      |                  |                  |

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| <b>Age Group</b> | <b>Gender</b> | <b>Event</b>  | <b>First Name</b>  | <b>Last Name</b> | <b>Team Name</b>               | <b>Meet Name</b>                    | <b>Swim Time</b> | <b>Swim Date</b> |
|------------------|---------------|---------------|--|------------------|--------------------------------|-------------------------------------|------------------|------------------|
| 11-12            | F             | 50 FR LCM     | Lauren   | Stinnett         | Solotar Swim Club              | Unknown Record Meet 872             | 27.03            | 1/1/1993         |
| 11-12            | F             | 100 FR LCM    | Lauren   | Stinnett         | Solotar Swim Club              | Unknown Record Meet 872             | 58.63            | 1/1/1993         |
| 11-12            | F             | 200 FR LCM    | Bella  | Rongione         | The Fish                       | 2012 PV LC 14&U Championships       | 2:07.48          | 7/19/2012        |
| 11-12            | F             | 400 FR LCM    | Bella  | Rongione         | The Fish                       | 2012 PV Maryland State LC Meet      | 4:22.35          | 6/1/2012         |
| 11-12            | F             | 800 FR LCM    | Bella  | Rongione         | The Fish                       | 2012 Summer Junior Nats             | 8:55.43          | 8/13/2012        |
| 11-12            | F             | 1500 FR LCM   | Bella  | Rongione         | The Fish                       | 2012 Summer Junior Nats             | 16:48.12         | 8/13/2012        |
| 11-12            | F             | 50 BK LCM     | Phoebe   | Bacon            | Nation's Capital Swim Club     | 2015 IN NCSA Summer Swimming        | 30.40            | 8/1/2015         |
| 11-12            | F             | 100 BK LCM    | Lauren   | Stinnett         | Solotar Swim Club              | Unknown Record Meet 872             | 1:04.32          | 1/1/1993         |
| 11-12            | F             | 200 BK LCM    | Janet  | Hu               | Curl Burke Swim Club           | 2008 PV Senior LC Championships     | 2:19.90          | 7/10/2008        |
| 11-12            | F             | 50 BR LCM     | Joyce  | Wu               | Rockville Montgomery Swim Club | 2017 VA Eastern Zone LC Champi      | 33.50            | 8/11/2017        |
| 11-12            | F             | 100 BR LCM    | Joyce  | Wu               | Rockville Montgomery Swim Club | 2017 PV AP MCSL Coaches Long Course | 1:14.25          | 7/11/2017        |
| 11-12            | F             | 200 BR LCM    | Anna   | Keating          | Machine Aquatics               | 2015 NC STAR Futures Meet           | 2:39.67          | 8/1/2015         |
| 11-12            | F             | 50 FL LCM     | Cassidy  | Bayer            | Curl Burke Swim Club           | 2012 PV LC 14&U Championships       | 28.23            | 7/19/2012        |
| 11-12            | F             | 100 FL LCM    | Cassidy  | Bayer            | Curl Burke Swim Club           | 2012 NI - Speedo Champions Series   | 1:01.75          | 8/2/2012         |
| 11-12            | F             | 200 FL LCM    | Cassidy  | Bayer            | Curl Burke Swim Club           | 2012 NI - Speedo Champions Series   | 2:15.02          | 8/2/2012         |
| 11-12            | F             | 200 IM LCM    | Bella  | Rongione         | The Fish                       | 2012 Speedo Junior National Ti      | 2:24.87          | 8/13/2012        |
| 11-12            | F             | 400 IM LCM    | Bella  | Rongione         | The Fish                       | 2012 PV LC 14&U Championships       | 5:02.19          | 7/19/2012        |
| 11-12            | F             | 200 FR-R LCM  | Erin Gemmell<br>Maren Conze<br>Camille Spink<br>Jordan Durocher  |                  | Nation's Capital Swim Club     | 2017 PV LC 14&U Championships       | 1:54.28          | 7/23/2017        |
| 11-12            | F             | 400 FR-R LCM  | Sinead Eksteen<br>Gabby Zhang<br>Katie Mack<br>Olivia Jubin      |                  | Nation's Capital Swim Club     | 2013 PV LC 14&U Championships       | 4:12.07          | 7/11/2013        |
| 11-12            | F             | 200 MED-R LCM | Kate Hallmark<br>Carly Sebring<br>Aris Runnels<br>Giulia Baroldi |                  | Nation's Capital Swim Club     | 2016 PV LC 14&U Championships       | 2:06.89          | 7/21/2016        |
| 11-12            | F             | 400 MED-R LCM | Giselle Quach<br>Eva Garcia<br>Sara Young<br>Annabel Robey       |                  | Rockville Montgomery Swim Club | 2025 PV LC Age Group Championships  | 4:38.86          | 7/21/2025        |

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|-----------|--------|---------------|-------------------|-----------|--------------------------------|---|-----------|-----------|
| 11-12     | M      | 50 FR LCM     | Andrew            | Vanas     | Nation's Capital Swim Club     | 2021 VA Eastern Zone LC Championship    | 25.81     | 8/7/2021  |
| 11-12     | M      | 100 FR LCM    | Jeremiah          | Germosen  | Rockville Montgomery Swim Club | 2023 PV AP MCSL Coaches LC Invitational | 56.85     | 7/11/2023 |
| 11-12     | M      | 200 FR LCM    | Michael           | Mullen    | Nation's Capital Swim Club     | 2018 PV LC 14&U Championships           | 2:04.31   | 7/20/2018 |
| 11-12     | M      | 400 FR LCM    | John              | Clado     | Rockville Montgomery Swim Club | 2013 Eastern Zone Long Course           | 4:24.34   | 8/7/2013  |
| 11-12     | M      | 800 FR LCM    | Michael           | Mullen    | Nation's Capital Swim Club     | 2018 PV SNOW LC Invitational            | 9:17.83   | 6/15/2018 |
| 11-12     | M      | 1500 FR LCM   | Bryce             | Rohr      | Potomac Marlins                | 2019 PV SNOW June LC Invitational       | 18:11.76  | 6/15/2019 |
| 11-12     | M      | 50 BK LCM     | Brett             | Feyerick  | Nation's Capital Swim Club     | 2015 VA Eastern Zone LC Champi          | 28.81     | 8/7/2015  |
| 11-12     | M      | 100 BK LCM    | Brett             | Feyerick  | Nation's Capital Swim Club     | 2015 VA Eastern Zone LC Champi          | 1:02.77   | 8/6/2015  |
| 11-12     | M      | 200 BK LCM    | Brett             | Feyerick  | Nation's Capital Swim Club     | 2015 VA Eastern Zone LC Champi          | 2:17.30   | 8/5/2015  |
| 11-12     | M      | 50 BR LCM     | Jordan            | Evans     | Nation's Capital Swim Club     | 2018 VA Eastern Zone LC Champi          | 32.39     | 8/10/2018 |
| 11-12     | M      | 100 BR LCM    | Jordan            | Evans     | Nation's Capital Swim Club     | 2018 VA Eastern Zone LC Champi          | 1:10.72   | 8/8/2018  |
| 11-12     | M      | 200 BR LCM    | Devin             | Truong    | Rockville Montgomery Swim Club | 2011 PV LC 14&U Championships           | 2:36.61   | 7/21/2011 |
| 11-12     | M      | 50 FL LCM     | Andrew            | Vanas     | Nation's Capital Swim Club     | 2021 VA Eastern Zone LC Championship    | 27.39     | 8/6/2021  |
| 11-12     | M      | 100 FL LCM    | Michael           | Mullen    | Nation's Capital Swim Club     | 2018 PV LC 14&U Championships           | 1:02.17   | 7/22/2018 |
| 11-12     | M      | 200 FL LCM    | Michael           | Mullen    | Nation's Capital Swim Club     | 2018 PV NCAP June LC Meet               | 2:14.56   | 6/3/2018  |
| 11-12     | M      | 200 IM LCM    | Michael           | Mullen    | Nation's Capital Swim Club     | 2018 VA Eastern Zone LC Champi          | 2:17.67   | 8/8/2018  |
| 11-12     | M      | 400 IM LCM    | Michael           | Mullen    | Nation's Capital Swim Club     | 2018 PV NCAP June LC Meet               | 5:00.32   | 6/1/2018  |
| 11-12     | M      | 200 FR-R LCM  | Jacob Lee         |           | Nation's Capital Swim Club     | 2018 PV LC 14&U Championships           | 1:47.51   | 7/22/2018 |
|           |        |               | Donovan Kovalsky  |           |                                |   |           |           |
|           |        |               | Jordan Evans      |           |                                |   |           |           |
|           |        |               | Michael Mullen    |           |                                |   |           |           |
| 11-12     | M      | 400 FR-R LCM  | Seine Lee         |           | Rockville Montgomery Swim Club | 2023 PV LC 12&U Championships           | 4:06.03   | 7/14/2023 |
|           |        |               | Rafa Fontana      |           |                                |   |           |           |
|           |        |               | Dylan Pino        |           |                                |   |           |           |
|           |        |               | Jeremiah Germosen |           |                                |   |           |           |
| 11-12     | M      | 200 MED-R LCM | Michael Mullen    |           | Nation's Capital Swim Club     | 2018 PV LC 14&U Championships           | 2:00.65   | 7/19/2018 |
|           |        |               | Jordan Evans      |           |                                |   |           |           |
|           |        |               | Jacob Lee         |           |                                |   |           |           |
|           |        |               | Miguel Vinegas    |           |                                |   |           |           |
| 11-12     | M      | 400 MED-R LCM | Jacob Lee         |           | Nation's Capital Swim Club     | 2018 PV LC 14&U Championships           | 4:25.81   | 7/22/2018 |
|           |        |               | Jordan Evans      |           |                                |   |           |           |
|           |        |               | Michael Mullen    |           |                                |   |           |           |
|           |        |               | Donovan Kovalsky  |           |                                |   |           |           |

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|------------------|---------------|---------------|--------------------|------------------|-------------------------------|---|------------------|------------------|
| 13-14            | F             | 50 FR LCM     | Camille            | Spink            | Nation's Capital Swim Club    | 2019 PV NCAP June LC Invitational       | 25.97            | 6/1/2019         |
| 13-14            | F             | 100 FR LCM    | Erin               | Gemmell          | Nation's Capital Swim Club    | 2019 PV AP MCSL Coaches LC              | 55.87            | 7/9/2019         |
| 13-14            | F             | 200 FR LCM    | Erin               | Gemmell          | Nation's Capital Swim Club    | 2019 Summer Nationals                   | 1:59.85          | 8/1/2019         |
| 13-14            | F             | 400 FR LCM    | Katie              | Ledecky          | Curl Burke Swim Club          | 2012 Pro Swim - Missouri                | 4:09.30          | 2/10/2012        |
| 13-14            | F             | 800 FR LCM    | Katie              | Ledecky          | Curl Burke Swim Club          | 2012 Pro Swim - Missouri                | 8:30.14          | 2/10/2012        |
| 13-14            | F             | 1500 FR LCM   | Katie              | Ledecky          | Curl Burke Swim Club          | 2011 Summer Junior Nats                 | 16:24.46         | 8/8/2011         |
| 13-14            | F             | 50 BK LCM     | Kennedy            | Masten           | Machine Aquatics              | 2025 Futures Championships - Greensboro | 30.14            | 7/25/2025        |
| 13-14            | F             | 100 BK LCM    | Phoebe             | Bacon            | Nation's Capital Swim Club    | 2017 NCSA Summer Champs                 | 1:00.81          | 8/3/2017         |
| 13-14            | F             | 200 BK LCM    | Sadie              | Buckley          | Mason Makos Swim Team         | 2024 FL NCSA Swimming Championships     | 2:11.35          | 3/19/2024        |
| 13-14            | F             | 50 BR LCM     | Anna               | Keating          | Machine Aquatics              | 2017 NCSA Summer Champs                 | 32.89            | 8/3/2017         |
| 13-14            | F             | 100 BR LCM    | Anna               | Keating          | Machine Aquatics              | 2017 NCSA Summer Champs                 | 1:10.54          | 8/2/2017         |
| 13-14            | F             | 200 BR LCM    | Anna               | Keating          | Machine Aquatics              | 2017 PV LC Senior Championships         | 2:33.15          | 7/9/2017         |
| 13-14            | F             | 50 FL LCM     | Cassidy            | Bayer            | Nation's Capital Swim Club    | 2014 Summer Nationals                   | 27.35            | 8/6/2014         |
| 13-14            | F             | 100 FL LCM    | Cassidy            | Bayer            | Nation's Capital Swim Club    | 2014 PV LC Senior Championships         | 59.75            | 7/17/2014        |
| 13-14            | F             | 200 FL LCM    | Cassidy            | Bayer            | Nation's Capital Swim Club    | 2014 Jr Pan Pacific Championships       | 2:09.08          | 8/27/2014        |
| 13-14            | F             | 200 IM LCM    | Erin               | Gemmell          | Nation's Capital Swim Club    | 2019 PV LC Open Championships           | 2:16.58          | 7/11/2019        |
| 13-14            | F             | 400 IM LCM    | Michelle           | Griglione        | Northern Virginia Flying Fish | 1984 National Champs                    | 4:45.75          | 8/14/1984        |
| 13-14            | F             | 200 FR-R LCM  | Jilly Shifflett    |                  | Nation's Capital Swim Club    | 2025 PV LC Open Championships           | 1:47.12          | 7/10/2025        |
|                  |               |               | Harper Bartholomew |                  |                               |   |                  |                  |
|                  |               |               | Mckinley Busen     |                  |                               |   |                  |                  |
|                  |               |               | Ellie Brenner      |                  |                               |   |                  |                  |
| 13-14            | F             | 400 FR-R LCM  | Jilly Shifflett    |                  | Nation's Capital Swim Club    | 2025 Futures Championships - Greensboro | 3:54.02          | 7/25/2025        |
|                  |               |               | Harper Bartholomew |                  |                               |   |                  |                  |
|                  |               |               | Mckinley Busen     |                  |                               |   |                  |                  |
|                  |               |               | Ellie Brenner      |                  |                               |   |                  |                  |
| 13-14            | F             | 800 FR-R LCM  | Cassidy Bayer      |                  | Nation's Capital Swim Club    | 2013 PV LC Senior Championships         | 8:29.38          | 7/18/2013        |
|                  |               |               | Megan Byrnes       |                  |                               |   |                  |                  |
|                  |               |               | Lea Gwennap-Foley  |                  |                               |   |                  |                  |
|                  |               |               | Emily Meilus       |                  |                               |   |                  |                  |
| 13-14            | F             | 200 MED-R LCM | Phoebe Bacon       |                  | Nation's Capital Swim Club    | 2016 IN NCSA Summer Swimming Cham       | 1:58.07          | 8/9/2016         |
|                  |               |               | Abby Harter        |                  |                               |   |                  |                  |
|                  |               |               | Jj Johnson         |                  |                               |   |                  |                  |
|                  |               |               | Maya Fischer       |                  |                               |   |                  |                  |
| 13-14            | F             | 400 MED-R LCM | Emily Meilus       |                  | Nation's Capital Swim Club    | 2013 PV LC Senior Championships         | 4:22.61          | 7/18/2013        |
|                  |               |               | Jasmine Hellmer    |                  |                               |   |                  |                  |
|                  |               |               | Cassidy Bayer      |                  |                               |   |                  |                  |
|                  |               |               | Lea Gwennap-Foley  |                  |                               |   |                  |                  |

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|-----------|--------|---------------|--|-----------|--------------------------------|--|-----------|-----------|
| 13-14     | M      | 50 FR LCM     | Andrew   | Vanas     | Nation's Capital Swim Club     | 2023 Futures Championships - Richmond VA   | 24.05     | 7/29/2023 |
| 13-14     | M      | 100 FR LCM    | Andrew   | Vanas     | Nation's Capital Swim Club     | 2023 Futures Championships - Richmond VA   | 52.95     | 7/28/2023 |
| 13-14     | M      | 200 FR LCM    | Manu   | Maher     | Nation's Capital Swim Club     | 2025 PV LC Open Championships              | 1:57.51   | 7/11/2025 |
| 13-14     | M      | 400 FR LCM    | Tyler  | Kominski  | Nation's Capital Swim Club     | 2024 VA EZ LC Super Sectional Meet         | 4:07.80   | 5/18/2024 |
| 13-14     | M      | 800 FR LCM    | Nicholas   | Liberty   | Rockville Montgomery Swim Club | 2024 VA EZ LC Super Sectional Meet         | 8:25.41   | 5/19/2024 |
| 13-14     | M      | 1500 FR LCM   | Leopold  | Nurit     | Nation's Capital Swim Club     | 2024 PV LC Open Championships              | 16:07.21  | 7/11/2024 |
| 13-14     | M      | 50 BK LCM     | Griffin  | Oehler    | Rockville Montgomery Swim Club | 2023 IN NCSA Summer Swimming Championships | 27.65     | 7/26/2023 |
| 13-14     | M      | 100 BK LCM    | JT   | Ewing     | The Fish                       | 2019 Futures - Geneva                      | 58.36     | 8/3/2019  |
| 13-14     | M      | 200 BK LCM    | JT   | Ewing     | The Fish                       | 2019 Futures - Geneva                      | 2:05.32   | 8/4/2019  |
| 13-14     | M      | 50 BR LCM     | Eli  | Fouts     | Rockville Montgomery Swim Club | 2015 FL NCSA Spring Champs                 | 31.01     | 3/19/2015 |
| 13-14     | M      | 100 BR LCM    | Aiken  | Do        | The Fish                       | 2018 PV LC 14&U Championships              | 1:06.19   | 7/19/2018 |
| 13-14     | M      | 200 BR LCM    | Luc  | Dionne    | Nation's Capital Swim Club     | 2024 PV AAC LC Invitational                | 2:22.81   | 1/6/2024  |
| 13-14     | M      | 50 FL LCM     | Selim  | Ericson   | Rockville Montgomery Swim Club | 2025 PV LC Age Group Championships         | 26.06     | 7/18/2025 |
| 13-14     | M      | 100 FL LCM    | Justin   | Shi       | Dragon Swim Team               | 2024 PV FXX Summer Solstice LC Champs      | 55.96     | 6/28/2024 |
| 13-14     | M      | 200 FL LCM    | Adriano  | Ariotti   | Rockville Montgomery Swim Club | 2021 VA EZ LC Speedo Champions             | 2:04.98   | 5/15/2021 |
| 13-14     | M      | 200 IM LCM    | Adriano  | Ariotti   | Rockville Montgomery Swim Club | 2021 VA EZ LC Speedo Champions             | 2:07.42   | 5/13/2021 |
| 13-14     | M      | 400 IM LCM    | Adriano  | Ariotti   | Rockville Montgomery Swim Club | 2021 VA EZ LC Speedo Champions             | 4:34.48   | 5/14/2021 |
| 13-14     | M      | 200 FR-R LCM  | Kyle Lawson<br>Brett Feyerick<br>Dave Fitch<br>Noah Rutberg            |           | Nation's Capital Swim Club     | 2017 PV LC 14&U Championships              | 1:41.19   | 7/23/2017 |
| 13-14     | M      | 400 FR-R LCM  | Leopold Nurit<br>Lachlan Bartholomew<br>Christian Greer<br>Finn O'Shea |           | Nation's Capital Swim Club     | 2024 PV LC 13&O Championships              | 3:42.52   | 7/18/2024 |
| 13-14     | M      | 800 FR-R LCM  | Finn O'Shea<br>Lachlan Bartholomew<br>Manu Maher<br>Leopold Nurit      |           | Nation's Capital Swim Club     | 2024 PV LC 13&O Championships              | 8:08.73   | 7/20/2024 |
| 13-14     | M      | 200 MED-R LCM | Brett Feyerick<br>Josh Wolfson<br>Kyle Lawson<br>Dave Fitch            |           | Nation's Capital Swim Club     | 2017 PV LC 14&U Championships              | 1:52.44   | 7/20/2017 |
| 13-14     | M      | 400 MED-R LCM | Zac Leith<br>Andrew Blusiewicz<br>Landon Gentry<br>Cole Greenberg      |           | Nation's Capital Swim Club     | 2018 PV LC 14&U Championships              | 4:07.64   | 7/22/2018 |

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|-----------|--------|---------------|--|-----------|----------------------------|---|-----------|-----------|
| 15-16     | F      | 50 FR LCM     | Torri  | Huske     | Arlington Aquatic Club     | 2019 U.S. Open                          | 25.40     | 12/5/2019 |
| 15-16     | F      | 100 FR LCM    | Torri  | Huske     | Arlington Aquatic Club     | 2019 World JR Champs                    | 54.52     | 8/21/2019 |
| 15-16     | F      | 200 FR LCM    | Katie  | Ledecky   | Nation's Capital Swim Club | 2013 World Champs                       | 1:56.32   | 7/28/2013 |
| 15-16     | F      | 400 FR LCM    | Katie  | Ledecky   | Unattached                 | 2013 World Champs                       | 3:59.82   | 7/28/2013 |
| 15-16     | F      | 800 FR LCM    | Katie  | Ledecky   | Unattached                 | 2013 World Champs                       | 8:13.86   | 8/3/2013  |
| 15-16     | F      | 1500 FR LCM   | Katie  | Ledecky   | Unattached                 | 2013 World Champs                       | 15:36.53  | 7/30/2013 |
| 15-16     | F      | 50 BK LCM     | Phoebe   | Bacon     | Nation's Capital Swim Club | 2019 Mare Nostrum - Canet               | 28.02     | 6/11/2019 |
| 15-16     | F      | 100 BK LCM    | Phoebe   | Bacon     | Nation's Capital Swim Club | 2019 Pan Am Games                       | 59.02     | 8/10/2019 |
| 15-16     | F      | 200 BK LCM    | Phoebe   | Bacon     | Nation's Capital Swim Club | 2019 PV LC Open Championships           | 2:09.11   | 7/14/2019 |
| 15-16     | F      | 50 BR LCM     | Olivia   | Masterson | Nation's Capital Swim Club | 2018 NCSA Summer Swimming Champ         | 32.47     | 8/2/2018  |
| 15-16     | F      | 100 BR LCM    | Anna   | Keating   | Machine Aquatics           | 2018 Summer Junior Nats                 | 1:09.45   | 7/31/2018 |
| 15-16     | F      | 200 BR LCM    | Anna   | Keating   | Machine Aquatics           | 2019 Summer Nationals                   | 2:26.90   | 8/1/2019  |
| 15-16     | F      | 50 FL LCM     | Torri  | Huske     | Arlington Aquatic Club     | 2019 World JR Champs                    | 25.70     | 8/23/2019 |
| 15-16     | F      | 100 FL LCM    | Torri  | Huske     | Arlington Aquatic Club     | 2019 U.S. Open                          | 57.48     | 12/6/2019 |
| 15-16     | F      | 200 FL LCM    | Cassidy  | Bayer     | Nation's Capital Swim Club | 2016 Olympic Trials                     | 2:07.97   | 6/29/2016 |
| 15-16     | F      | 200 IM LCM    | Torri  | Huske     | Arlington Aquatic Club     | 2019 U.S. Open                          | 2:11.70   | 12/5/2019 |
| 15-16     | F      | 400 IM LCM    | Sadie  | Buckley   | Nation's Capital Swim Club | 2025 Futures Championships - Greensboro | 4:45.21   | 7/24/2025 |
| 15-16     | F      | 200 FR-R LCM  | Keyla Brown<br>Abby Harter<br>Maya Fischer<br>Katie Mack               |           | Nation's Capital Swim Club | 2017 NCSA Summer Champs                 | 1:46.68   | 8/1/2017  |
| 15-16     | F      | 400 FR-R LCM  | Claire Nguyen<br>Madeline Laporte<br>Sinead Eksteen<br>Jasmine Hellmer |           | Nation's Capital Swim Club | 2016 Futures - College Park             | 3:53.39   | 8/5/2016  |
| 15-16     | F      | 800 FR-R LCM  | Robyn Dryer<br>Hannah Baker<br>Andi Mack<br>Emily Meilus               |           | Nation's Capital Swim Club | 2014 IN NCSA Summer Swimming Cham       | 8:23.53   | 8/6/2014  |
| 15-16     | F      | 200 MED-R LCM | Jing-e Tan<br>Sofie Davis<br>Claire Nguyen<br>Keyla Brown              |           | Nation's Capital Swim Club | 2017 NCSA Summer Champs                 | 1:59.73   | 8/1/2017  |
| 15-16     | F      | 400 MED-R LCM | Emma Cigna<br>Lilla Wilbur<br>Caroline Agee<br>Caroline Kilty          |           | Nation's Capital Swim Club | 2024 Futures Championships - Richmond   | 4:20.27   | 7/28/2024 |

**PVS LCM Resident Records**

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| Age Group | Gender | Event         | First Name            | Last Name    | Team Name                      | Meet Name                                  | Swim Time | Swim Date  |
|-----------|--------|---------------|-----------------------|--------------|--------------------------------|--|-----------|------------|
| 15-16     | M      | 50 FR LCM     | Josh                  | Howat        | Nation's Capital Swim Club     | 2023 Speedo Junior National Championships  | 22.76     | 8/2/2023   |
| 15-16     | M      | 100 FR LCM    | Josh                  | Howat        | Nation's Capital Swim Club     | 2023 Speedo Junior National Championships  | 50.50     | 8/1/2023   |
| 15-16     | M      | 200 FR LCM    | Matthew               | Hirschberger | Nation's Capital Swim Club     | 2015 FL NCSA Spring Champs                 | 1:51.23   | 3/19/2015  |
| 15-16     | M      | 400 FR LCM    | Matthew               | Hirschberger | Nation's Capital Swim Club     | 2015 Summer Nationals                      | 3:52.27   | 8/6/2015   |
| 15-16     | M      | 800 FR LCM    | Matthew               | Hirschberger | Nation's Capital Swim Club     | Irish Open Swimming Championships          | 8:02.57   | 5/3/2015   |
| 15-16     | M      | 1500 FR LCM   | Matthew               | Hirschberger | Nation's Capital Swim Club     | 2015 FL NCSA Spring Champs                 | 15:19.23  | 3/21/2015  |
| 15-16     | M      | 50 BK LCM     | Anthony               | Grimm        | Mason Makos Swim Team          | 2018 FL ISCA Summer Sr Champ               | 26.10     | 8/2/2018   |
| 15-16     | M      | 100 BK LCM    | Jack                  | Conger       | Rockville Montgomery Swim Club | 2011 Summer Nationals                      | 55.02     | 8/2/2011   |
| 15-16     | M      | 200 BK LCM    | Jack                  | Conger       | Rockville Montgomery Swim Club | 2011 Summer Nationals                      | 1:59.98   | 8/2/2011   |
| 15-16     | M      | 50 BR LCM     | Carsten               | Vissering    | Nation's Capital Swim Club     | 2013 World JR Champs                       | 28.37     | 8/26/2013  |
| 15-16     | M      | 100 BR LCM    | Carsten               | Vissering    | Nation's Capital Swim Club     | 2013 Summer Junior Nats                    | 1:01.94   | 8/5/2013   |
| 15-16     | M      | 200 BR LCM    | Luc                   | Dionne       | Nation's Capital Swim Club     | 2025 Toyota US Open Championships          | 2:14.84   | 12/6/2025  |
| 15-16     | M      | 50 FL LCM     | Andrew                | Seliskar     | Nation's Capital Swim Club     | 2013 Summer Nationals                      | 24.44     | 6/25/2013  |
| 15-16     | M      | 100 FL LCM    | Landon                | Gentry       | Nation's Capital Swim Club     | 2020 Toyota Richmond                       | 53.45     | 11/13/2020 |
| 15-16     | M      | 200 FL LCM    | Andrew                | Seliskar     | Nation's Capital Swim Club     | 2013 World JR Champs                       | 1:56.42   | 8/26/2013  |
| 15-16     | M      | 200 IM LCM    | Andrew                | Seliskar     | Nation's Capital Swim Club     | 2013 World JR Champs                       | 1:59.84   | 8/26/2013  |
| 15-16     | M      | 400 IM LCM    | Andrew                | Seliskar     | Nation's Capital Swim Club     | 2013 Summer Nationals                      | 4:20.96   | 6/25/2013  |
| 15-16     | M      | 200 FR-R LCM  | Ryan Seo              |              | Machine Aquatics               | 2021 SE NCSA Summer Swimming Championships | 1:39.13   | 8/12/2021  |
|           |        |               | Morgan Sloan          |              |                                |  |           |            |
|           |        |               | Brett Padfield        |              |                                |  |           |            |
|           |        |               | Anderson Church       |              |                                |  |           |            |
| 15-16     | M      | 400 FR-R LCM  | Mackey Nurkic Kacapor |              | Nation's Capital Swim Club     | 2022 IN NCSA Summer Swimming Championships | 3:29.16   | 7/30/2022  |
|           |        |               | Simon Bermudez        |              |                                |  |           |            |
|           |        |               | Josh Howat            |              |                                |  |           |            |
|           |        |               | H.T. Tragle           |              |                                |  |           |            |
| 15-16     | M      | 800 FR-R LCM  | Cooper Zakorchemny    |              | Rockville Montgomery Swim Club | 2023 IN NCSA Summer Swimming Championships | 7:45.36   | 7/27/2023  |
|           |        |               | Alex Nguyen           |              |                                |  |           |            |
|           |        |               | Brig Barnett          |              |                                |  |           |            |
|           |        |               | Joshua Lopez          |              |                                |  |           |            |
| 15-16     | M      | 200 MED-R LCM | Cameron Lai-Harris    |              | Snow Swimming                  | 2017 FL ISCA Summer Seniors Champ          | 1:52.98   | 8/2/2017   |
|           |        |               | Kyle Backus           |              |                                |  |           |            |
|           |        |               | Stuart Pluskaitis     |              |                                |  |           |            |
|           |        |               | Jack Moore            |              |                                |  |           |            |
| 15-16     | M      | 400 MED-R LCM | John Shebat           |              | Nation's Capital Swim Club     | 2013 Summer Junior Nats                    | 3:46.23   | 8/5/2013   |
|           |        |               | Carsten Vissering     |              |                                |  |           |            |
|           |        |               | Andrew Seliskar       |              |                                |  |           |            |
|           |        |               | Graham Baird          |              |                                |  |           |            |

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| Age Group | Gender | Event         | First Name   | Last Name | Team Name                      | Meet Name                                   | Swim Time | Swim Date  |
|-----------|--------|---------------|--|-----------|--------------------------------|---|-----------|------------|
| 17-18     | F      | 50 FR LCM     | Torri  | Huske     | Arlington Aquatic Club         | 2021 NC TAC TITANS LC Premier               | 24.44     | 4/11/2021  |
| 17-18     | F      | 100 FR LCM    | Torri  | Huske     | Arlington Aquatic Club         | 2021 NC TAC TITANS LC Premier               | 53.46     | 4/9/2021   |
| 17-18     | F      | 200 FR LCM    | Katie  | Ledecky   | Nation's Capital Swim Club     | 2016 Pro Series - Austin                    | 1:54.43   | 1/16/2016  |
| 17-18     | F      | 400 FR LCM    | Katie  | Ledecky   | Nation's Capital Swim Club     | 2014 Pan Pacific Champs                     | 3:58.37   | 8/23/2014  |
| 17-18     | F      | 800 FR LCM    | Katie  | Ledecky   | Nation's Capital Swim Club     | 2016 Pro Series - Austin                    | 8:06.68   | 1/17/2016  |
| 17-18     | F      | 1500 FR LCM   | Katie  | Ledecky   | Nation's Capital Swim Club     | 2015 World Champs                           | 15:25.48  | 8/4/2015   |
| 17-18     | F      | 50 BK LCM     | Alyssa   | Sagle     | Nation's Capital Swim Club     | 2025 Futures Championships - Greensboro     | 28.35     | 7/25/2025  |
| 17-18     | F      | 100 BK LCM    | Phoebe   | Bacon     | Nation's Capital Swim Club     | 2019 U.S. Open                              | 58.63     | 12/6/2019  |
| 17-18     | F      | 200 BK LCM    | Phoebe   | Bacon     | Nation's Capital Swim Club     | 2019 U.S. Open                              | 2:08.82   | 12/7/2019  |
| 17-18     | F      | 50 BR LCM     | Sarah  | Haase     | Rockville Montgomery Swim Club | 2011 FINA World Junior Champs               | 31.75     | 8/16/2011  |
| 17-18     | F      | 100 BR LCM    | Sarah  | Haase     | Rockville Montgomery Swim Club | 2012 Olympic Trials                         | 1:08.91   | 6/25/2012  |
| 17-18     | F      | 200 BR LCM    | Anna   | Keating   | Machine Aquatics               | 2020 Olympic Trials Wave II                 | 2:27.87   | 6/17/2021  |
| 17-18     | F      | 50 FL LCM     | Janet  | Hu        | Nation's Capital Swim Club     | 2013 Summer Nationals                       | 26.98     | 6/25/2013  |
| 17-18     | F      | 100 FL LCM    | Torri  | Huske     | Arlington Aquatic Club         | 2020 Olympic Trials Wave II                 | 55.66     | 6/13/2021  |
| 17-18     | F      | 200 FL LCM    | Cassidy  | Bayer     | Nation's Capital Swim Club     | 2017 U.S. Open                              | 2:09.21   | 8/2/2017   |
| 17-18     | F      | 200 IM LCM    | Torri  | Huske     | Arlington Aquatic Club         | 2020 Olympic Trials Wave II                 | 2:10.38   | 6/15/2021  |
| 17-18     | F      | 400 IM LCM    | Katie  | Ledecky   | Nation's Capital Swim Club     | 2015 Pro Series - Minneapolis               | 4:39.18   | 11/12/2015 |
| 17-18     | F      | 200 FR-R LCM  | Aris Runnels<br>Camille Spink<br>Maren Conze<br>Julia Simpson        |           | Nation's Capital Swim Club     | 2022 IN NCSA Summer Swimming Championships  | 1:44.52   | 7/28/2022  |
| 17-18     | F      | 400 FR-R LCM  | Delaney Bookstein<br>Allie Witdoeck<br>Erin Gemmell<br>Camille Spink |           | Nation's Capital Swim Club     | 2023 VA EZ LC Speedo Super Sectional        | 3:49.81   | 5/19/2023  |
| 17-18     | F      | 800 FR-R LCM  | Eleanor Sun<br>Maren Conze<br>Ella Myers<br>Camille Spink            |           | Nation's Capital Swim Club     | 2022 IN NCSA Summer Swimming Championships  | 8:17.61   | 7/29/2022  |
| 17-18     | F      | 200 MED-R LCM | Aris Runnels<br>Eleanor Sun<br>Ella Myers<br>Camille Spink           |           | Nation's Capital Swim Club     | 2022 IN NCSA Summer Swimming Championships  | 1:55.12   | 7/27/2022  |
| 17-18     | F      | 400 MED-R LCM | Aris Runnels<br>Eleanor Sun<br>Ella Myers<br>Camille Spink           |           | Nation's Capital Swim Club     | 2022 IN NCSA Summer Swimming Championships2 | 4:13.76   | 7/31/2022  |

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| Age Group | Gender | Event         | First Name  | Last Name | Team Name                      | Meet Name                                 | Swim Time | Swim Date |
|-----------|--------|---------------|---|-----------|--------------------------------|---|-----------|-----------|
| 17-18     | M      | 50 FR LCM     | Jack  | Conger    | Rockville Montgomery Swim Club | 2012 Jr Pan Pacific Swimming C            | 22.69     | 8/26/2012 |
| 17-18     | M      | 100 FR LCM    | Jack  | Conger    | Unattached                     | 2013 Summer Nationals                     | 49.44     | 6/25/2013 |
| 17-18     | M      | 200 FR LCM    | Andrew  | Seliskar  | Nation's Capital Swim Club     | 2014 Summer Nationals                     | 1:50.22   | 8/6/2014  |
| 17-18     | M      | 400 FR LCM    | Tom   | Dolan     | Curl Burke Swim Club           | 1994 National Champs                      | 3:52.50   | 8/14/1994 |
| 17-18     | M      | 800 FR LCM    | Tom   | Dolan     | Curl Burke Swim Club           | Unknown Record Meet 900                   | 7:56.33   | 1/1/1994  |
| 17-18     | M      | 1500 FR LCM   | Tom   | Dolan     | Curl Burke Swim Club           | Unknown Record Meet 900                   | 15:18.18  | 1/1/1994  |
| 17-18     | M      | 50 BK LCM     | JT  | Ewing     | Arlington Aquatic Club         | 2022 IN NCSA Summer Swimming Championship | 25.89     | 7/27/2022 |
| 17-18     | M      | 100 BK LCM    | Jack  | Conger    | Machine Aquatics               | 2013 WUGS                                 | 54.04     | 7/16/2013 |
| 17-18     | M      | 200 BK LCM    | Jack  | Conger    | Unattached                     | 2013 WUGS                                 | 1:55.47   | 7/15/2013 |
| 17-18     | M      | 50 BR LCM     | Carsten   | Vissering | Unattached                     | 2015 WUGS                                 | 27.93     | 7/8/2015  |
| 17-18     | M      | 100 BR LCM    | Carsten   | Vissering | Nation's Capital Swim Club     | 2015 IN NCSA Summer Swimming              | 1:00.86   | 7/29/2015 |
| 17-18     | M      | 200 BR LCM    | Andrew  | Seliskar  | Nation's Capital Swim Club     | 2015 FL NCSA Spring Champs                | 2:12.82   | 3/20/2015 |
| 17-18     | M      | 50 FL LCM     | Andrew  | Seliskar  | Nation's Capital Swim Club     | 2014 Summer Nationals                     | 23.96     | 8/6/2014  |
| 17-18     | M      | 100 FL LCM    | Jack  | Conger    | Unattached                     | 2013 WUGS                                 | 52.51     | 7/10/2013 |
| 17-18     | M      | 100 FL LCM    | Jack  | Conger    | Unattached                     | 2013 WUGS                                 | 52.51     | 7/14/2013 |
| 17-18     | M      | 200 FL LCM    | Andrew  | Seliskar  | Nation's Capital Swim Club     | 2015 Pro Series - Austin                  | 1:55.92   | 1/17/2015 |
| 17-18     | M      | 200 FL LCM    | Andrew  | Seliskar  | Nation's Capital Swim Club     | 2014 Jr Pan Pacific Championships         | 1:55.92   | 8/27/2014 |
| 17-18     | M      | 200 IM LCM    | Andrew  | Seliskar  | Nation's Capital Swim Club     | 2015 Pro Series - Charlotte               | 1:59.93   | 5/17/2015 |
| 17-18     | M      | 400 IM LCM    | Tom   | Dolan     | Unattached                     | 1994 World Champs                         | 4:12.30   | 9/6/1994  |
| 17-18     | M      | 200 FR-R LCM  | Rory Lewis<br>Christopher Murphy<br>Luke Jones<br>Carsten Vissering     |           | Nation's Capital Swim Club     | 2015 IN NCSA Summer Swimming              | 1:34.58   | 7/28/2015 |
| 17-18     | M      | 400 FR-R LCM  | Grant Goddard<br>Henry Patrick<br>Luke Thorsell<br>Adrian Lin           |           | Nation's Capital Swim Club     | 2014 IN NCSA Summer Swimming Cham         | 3:30.40   | 8/7/2014  |
| 17-18     | M      | 800 FR-R LCM  | Landon Gentry<br>Ben Stankovich<br>Chris Kopac<br>Brett Feyerick        |           | Nation's Capital Swim Club     | 2021 Futures Championships - Richmond     | 7:39.24   | 7/30/2021 |
| 17-18     | M      | 200 MED-R LCM | Christopher Murphy<br>Carsten Vissering<br>Rory Lewis<br>Brandon Fabian |           | Nation's Capital Swim Club     | 2015 IN NCSA Summer Swimming              | 1:44.37   | 7/28/2015 |
| 17-18     | M      | 400 MED-R LCM | JT Schmid<br>Lleyton Arnold<br>Rian Graham<br>Josh Howat                |           | Nation's Capital Swim Club     | 2024 Futures Championships - Richmond     | 3:41.91   | 7/28/2024 |

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| Age Group | Gender | Event         | First Name  | Last Name   | Team Name                  | Meet Name                                  | Swim Time | Swim Date |
|-----------|--------|---------------|---|-------------|----------------------------|--|-----------|-----------|
| Open      | F      | 50 FR LCM     | Torri   | Huske       | Arlington Aquatic Club     | 2025 Toyota National Championships         | 23.98     | 6/7/2025  |
| Open      | F      | 100 FR LCM    | Torri   | Huske       | Arlington Aquatic Club     | 2024 Olympic Games                         | 52.29     | 7/31/2024 |
| Open      | F      | 200 FR LCM    | Katie   | Ledecky     | Nation's Capital Swim Club | 2016 Olympic Games                         | 1:53.73   | 8/9/2016  |
| Open      | F      | 400 FR LCM    | Katie   | Ledecky     | Nation's Capital Swim Club | 2016 Olympic Games                         | 3:56.46   | 8/7/2016  |
| Open      | F      | 800 FR LCM    | Katie   | Ledecky     | Nation's Capital Swim Club | 2016 Olympic Games                         | 8:04.79   | 8/12/2016 |
| Open      | F      | 1500 FR LCM   | Katie   | Ledecky     | Nation's Capital Swim Club | 2015 World Champs                          | 15:25.48  | 8/4/2015  |
| Open      | F      | 100 BK LCM    | Phoebe  | Bacon       | Nation's Capital Swim Club | 2019 U.S. Open                             | 58.63     | 12/6/2019 |
| Open      | F      | 200 BK LCM    | Phoebe  | Bacon       | Unattached                 | 2022 Phillips 66 International Team Trials | 2:05.08   | 4/27/2022 |
| Open      | F      | 100 BR LCM    | Ellyn   | Baumgardner | Curl Burke Swim Club       | 2012 Olympic Trials                        | 1:07.19   | 6/25/2012 |
| Open      | F      | 200 BR LCM    | Masami  | Tanaka      | Curl Burke Swim Club       | 2004 Olympic Games                         | 2:25.87   | 8/14/2004 |
| Open      | F      | 100 FL LCM    | Torri   | Huske       | Arlington Aquatic Club     | 2024 Olympic Trials                        | 55.52     | 6/16/2024 |
| Open      | F      | 200 FL LCM    | Cassidy   | Bayer       | Nation's Capital Swim Club | 2016 Olympic Trials                        | 2:07.97   | 6/29/2016 |
| Open      | F      | 200 IM LCM    | Torri   | Huske       | Arlington Aquatic Club     | 2024 TYR Pro Swim Series - San Antonio     | 2:08.47   | 4/13/2024 |
| Open      | F      | 400 IM LCM    | Katie   | Ledecky     | Nation's Capital Swim Club | 2016 Atlanta Classic Swim Meet             | 4:37.93   | 5/13/2016 |
| Open      | F      | 200 FR-R LCM  | Aris Runnels<br>Camille Spink<br>Maren Conze<br>Julia Simpson       |             | Nation's Capital Swim Club | 2022 IN NCSA Summer Swimming Championships | 1:44.52   | 7/28/2022 |
| Open      | F      | 400 FR-R LCM  | Tatum Wall<br>Sophie Duncan<br>Mackenzie McConagha<br>Erin Gemmell  |             | Nation's Capital Swim Club | 2021 Futures Championships - Richmond      | 3:47.78   | 7/31/2021 |
| Open      | F      | 800 FR-R LCM  | Jill Berger<br>Sophie Duncan<br>Camille Spink<br>Erin Gemmell       |             | Nation's Capital Swim Club | 2021 Futures Championships - Richmond      | 8:14.75   | 7/30/2021 |
| Open      | F      | 200 MED-R LCM | Aris Runnels<br>Georgia Johnson<br>Carly Sebring<br>Camille Spink   |             | Nation's Capital Swim Club | 2019 NCSA Summer Champs                    | 1:54.97   | 8/6/2019  |
| Open      | F      | 400 MED-R LCM | Alyssa Sagle<br>Caroline Agee<br>Allie Witdoeckt<br>Samantha Roemer |             | Nation's Capital Swim Club | 2025 Futures Championships - Greensboro    | 4:08.75   | 7/26/2025 |

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| <b>Age Group</b> | <b>Gender</b> | <b>Event</b>  | <b>First Name</b>   | <b>Last Name</b> | <b>Team Name</b>           | <b>Meet Name</b>                        | <b>Swim Time</b> | <b>Swim Date</b> |
|------------------|---------------|---------------|---|------------------|----------------------------|---|------------------|------------------|
| Open             | M             | 50 FR LCM     | Jon   | Olsen            | Curl Burke Swim Club       | 1995 National Champs                    | 22.42            | 7/31/1995        |
| Open             | M             | 100 FR LCM    | Jack  | Conger           | Nation's Capital Swim Club | 2018 Sectionals - Austin                | 48.76            | 7/12/2018        |
| Open             | M             | 200 FR LCM    | Jack  | Conger           | Nation's Capital Swim Club | 2016 Olympic Trials                     | 1:45.77          | 6/28/2016        |
| Open             | M             | 400 FR LCM    | Matt  | McLean           | Snow Swimming              | 2011 Summer Nationals                   | 3:47.33          | 8/2/2011         |
| Open             | M             | 800 FR LCM    | Tom   | Dolan            | Curl Burke Swim Club       | Unknown Record Meet 900                 | 7:56.33          | 1/1/1994         |
| Open             | M             | 1500 FR LCM   | Andrew  | Gemmell          | Nation's Capital Swim Club | 2014 Summer Nationals                   | 15:07.82         | 8/6/2014         |
| Open             | M             | 100 BK LCM    | Jack  | Conger           | Unattached                 | 2013 WUGS                               | 54.04            | 7/10/2013        |
| Open             | M             | 100 BK LCM    | Jack  | Conger           | Machine Aquatics           | 2013 WUGS                               | 54.04            | 7/16/2013        |
| Open             | M             | 200 BK LCM    | Jack  | Conger           | Unattached                 | 2013 WUGS                               | 1:55.47          | 7/15/2013        |
| Open             | M             | 100 BR LCM    | Ed  | Moses            | Curl Burke Swim Club       | 2003 Spring Nationals                   | 1:00.21          | 4/1/2003         |
| Open             | M             | 200 BR LCM    | Eli   | Martin           | PAVA Panthers Swim Club    | 2025 Futures Championships - Greensboro | 2:12.07          | 7/25/2025        |
| Open             | M             | 100 FL LCM    | Jack  | Conger           | Nation's Capital Swim Club | 2018 Pro Series - Atlanta               | 51.00            | 3/1/2018         |
| Open             | M             | 200 FL LCM    | Jack  | Conger           | Nation's Capital Swim Club | 2017 Summer Nationals                   | 1:54.47          | 6/27/2017        |
| Open             | M             | 200 IM LCM    | John  | Shebat           | Nation's Capital Swim Club | 2018 Summer Nationals                   | 1:59.45          | 7/29/2018        |
| Open             | M             | 400 IM LCM    | Tom   | Dolan            | Unattached                 | 2000 Olympic Games                      | 4:11.76          | 9/17/2000        |
| Open             | M             | 200 FR-R LCM  | Andrew Vanas<br>Yaron Li<br>Rian Graham<br>Josh Howat           |                  | Nation's Capital Swim Club | 2025 Futures Championships - Greensboro | 1:31.89          | 7/23/2025        |
| Open             | M             | 400 FR-R LCM  | Josh Howat<br>Josh Donovan<br>Rian Graham<br>Simon Bermudez     |                  | Nation's Capital Swim Club | 2025 Futures Championships - Greensboro | 3:25.08          | 7/25/2025        |
| Open             | M             | 800 FR-R LCM  | Yuri Suguiyama<br>Mark Liscinsky<br>Andrew Foss<br>Chris Gibson |                  | Curl Burke Swim Club       | 2003 Summer Nationals                   | 7:35.05          | 8/8/2003         |
| Open             | M             | 200 MED-R LCM | Simon Bermudez<br>Lleyton Arnold<br>Rian Graham<br>Josh Howat   |                  | Nation's Capital Swim Club | 2025 Futures Championships - Greensboro | 1:41.52          | 7/23/2025        |
| Open             | M             | 400 MED-R LCM | John Shebat<br>Andrew Seliskar<br>Jack Conger<br>James Jones    |                  | Nation's Capital Swim Club | 2015 Summer Nationals                   | 3:39.55          | 8/10/2015        |

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| <b>Age Group</b> | <b>Gender</b> | <b>Event</b>  | <b>First Name</b>  | <b>Last Name</b> | <b>Team Name</b>           | <b>Meet Name</b>                           | <b>Swim Time</b> | <b>Swim Date</b> |
|------------------|---------------|---------------|--|------------------|----------------------------|--|------------------|------------------|
| 15-18            | F             | 200 FR-R LCM  | Aris Runnels<br>Camille Spink<br>Maren Conze<br>Julia Simpson      |                  | Nation's Capital Swim Club | 2022 IN NCSA Summer Swimming Championships | 1:44.52          | 7/28/2022        |
| 15-18            | F             | 400 FR-R LCM  | Tatum Wall<br>Sophie Duncan<br>Mackenzie McConagha<br>Erin Gemmell |                  | Nation's Capital Swim Club | 2021 Futures Championships - Richmond      | 3:47.78          | 7/31/2021        |
| 15-18            | F             | 800 FR-R LCM  | Jill Berger<br>Sophie Duncan<br>Camille Spink<br>Erin Gemmell      |                  | Nation's Capital Swim Club | 2021 Futures Championships - Richmond      | 8:14.75          | 7/30/2021        |
| 15-18            | F             | 200 MED-R LCM | Aris Runnels<br>Eleanor Sun<br>Ella Myers<br>Camille Spink         |                  | Nation's Capital Swim Club | 2022 IN NCSA Summer Swimming Championships | 1:55.12          | 7/27/2022        |
| 15-18            | F             | 400 MED-R LCM | Tatum Wall<br>Eleanor Sun<br>Mackenzie McConagha<br>Erin Gemmell   |                  | Nation's Capital Swim Club | 2021 Futures Championships - Richmond      | 4:11.73          | 8/1/2021         |

**PVS LCM Resident Records**

as of December 31, 2025

| <b>Age Group</b> | <b>Gender</b> | <b>Event</b>  | <b>First Name</b>  | <b>Last Name</b> | <b>Team Name</b>           | <b>Meet Name</b>                            | <b>Swim Time</b> | <b>Swim Date</b> |
|------------------|---------------|---------------|--|------------------|----------------------------|---|------------------|------------------|
| 15-18            | M             | 200 FR-R LCM  | Andrew Vanas<br>Yaron Li<br>Rian Graham<br>Josh Howat                    |                  | Nation's Capital Swim Club | 2025 Futures Championships - Greensboro     | 1:31.89          | 7/23/2025        |
| 15-18            | M             | 400 FR-R LCM  | Rian Graham<br>JT Schmid<br>Andrew Vanas<br>Simon Bermudez               |                  | Nation's Capital Swim Club | 2024 Futures Championships - Richmond       | 3:25.40          | 7/27/2024        |
| 15-18            | M             | 800 FR-R LCM  | CHRIS Grimmitt-Norris<br>Grant Goddard<br>Graham Baird<br>Gavin Springer |                  | Nation's Capital Swim Club | 2013 Summer Junior Nats                     | 7:36.32          | 8/7/2013         |
| 15-18            | M             | 200 MED-R LCM | JT Ewing<br>Bailey De Luise<br>Nolan Dunkel<br>Kellen Cameron            |                  | Arlington Aquatic Club     | 2022 IN NCSA Summer Swimming Championships2 | 1:42.49          | 7/27/2022        |
| 15-18            | M             | 200 MED-R LCM | JT Ewing<br>Bailey De Luise<br>Nolan Dunkel<br>Kellen Cameron            |                  | Arlington Aquatic Club     | 2022 IN NCSA Summer Swimming Championships  | 1:42.49          | 7/27/2022        |
| 15-18            | M             | 400 MED-R LCM | JT Schmid<br>Lleyton Arnold<br>Rian Graham<br>Josh Howat                 |                  | Nation's Capital Swim Club | 2024 Futures Championships - Richmond       | 3:41.91          | 7/28/2024        |